Summer



CUCUMBER SASS

SERVES 2-4 A simple chilled soup that's refreshing at the height of summer. Experiment with your favorite herbs and toppings; adding spice gives this a nice kick.

2 lbs. cucumbers, peeled
½ small onion
¼ cup fresh dill
2 Tbsp. fresh lemon juice
2 tsp. sea salt
Yogurt, hot sauce (Fab Ferments Sass), and good olive oil (optional), for serving

Coarsely chop cucumbers and onion and place in the container of a food processor or blender. Add dill, lemon juice, and salt. Blend until well mixed and liquefied. Pour soup into a jar and refrigerate for at least 1 hour to blend flavors, or overnight. Soup will keep for 2–3 days in the refrigerator. Garnish as desired and serve.

Tip: This chilled soup freezes well.

edible OHIO VALLEY